



**BC Healthcare Human Resources  
 Leadership Development Collaborative**

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The BC Health Authorities  
**Open Mentoring Network**

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**How Mentoring Works**

Mentoring is a personal enhancement strategy through which one person facilitates the development of another by sharing known resources, expertise, values, skills, perspectives, attitudes and proficiencies. It allows the learner to build skills and knowledge while attaining goals for career development. Conversely, it provides the opportunity for the experienced individual to further enhance his/her skills and knowledge areas by continuously reassessing and building upon those areas.

This web-based mentoring process guides the mentee through assessing his/her development needs, finding a suitable mentor from a dynamic database, and creating a mentoring agreement. It also supports the participants through utilities such as messaging and calendar functions, allowing for collaborative discussions and easy planning and scheduling.

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- ★ Imagine what the BC Healthcare system could achieve when we are all helping **"Develop others!"**
- ★ Would you like to further develop your own & others skills, knowledge and relationships?
- ★ If yes, **Join the BC Health Care Open Mentoring Network!**
- ★ **Here's how:**
  1. EMAIL [Shelly.Griffiths@interiorhealth.ca](mailto:Shelly.Griffiths@interiorhealth.ca)
  2. Shelly will send you an invitation
  3. Complete the forms and you are good to go!